

Week of the month	Monday	Tuesday	Wednesday	Thursday	Friday
First	Farfalle pasta with tomato sauce	Vegetable soup with small pasta	Risotto with zucchini	Vegetable soup with pasta/or legumes	Fusilli with olive oil Baked fish (Preschool)
	Mozzarella (Preschool)	Chicken/veal meatloaf	Vegetable frittata	Chicken	Steamed fish (Daycare)
	Stracchino cheese (Daycare)	Cauliflower	Boiled potatoes	Salad	Fresh fennel
	Carrots in pan			Cooked vegetable (Daycare)	Cooked fennel (Daycare)
		Cooked vegetable (Daycare)			
Second	Mezze penne pasta with tomato sauce	Carrot cream with croutons	Risotto with pumpkin	Minestrone Boiled eggs	Pasta with olive oil Fish with tomato sauce
	Caciottina cheese	Turkey stew	Beans with tomato sauce	Green beans	Steamed fish (Daycare)
	Robiola (Daycare)	Polenta	Fresh vegetable		Mashed potatoes
	Spinach in a pan	Cooked vegetable (Daycare)	Cooked vegetable (Daycare)		Cooked vegetable (Daycare)
	Cooked vegetable (Daycare)		Caciottina cheese (Daycare)		
Third	Pasta with tomato sauce	Legumes soup with rice	Pennette pasta tomato sauce	Soup with vegetables and barley	Pasta with olive oil
	Frittata	Ground chicken	Ricotta/robiola	Chicken	Fish meatballs
	Green Beans	Fresh fennel	Zucchini roasted	Fresh carrots	Fresh vegetables
	Cooked vegetable (Daycare)	Cooked fennel (Daycare)	Cooked vegetable (Daycare)		Cooked vegetable (Daycare)
Fourth	Pasta with tomato sauce	Parmesan	Pasta in broth	Vegetable cream	Preschool: Vegetable appetizer
	Asiago cheese	Risotto	Roast turkey	with croutons	Preschool: Cheese Pizza
	Robiola/Ricotta (Daycare)	Fish	Mashed potatoes	Frittata with cheese	"Birthday celebration" with cake provided by the school
	Roasted carrots	Steam Spinach	Cooked vegetable (Daycare)	Peas	
				Cooked vegetable (Daycare)	
					Daycare: Pasta with olive oil
				Daycare: Baked fish/vegetables	
Fifth	Rice with tomato sauce	Vegetable broth soup with small pasta	Mezze maniche pasta with tomato sauce	Minestrone Chicken strips	Pennette pasta with olive oil Steamed fish
	Stracchino cheese	Turkey stew	Boiled eggs	Salad	Peas
	Zucchini roasted	Parstimated potatoes	Green beans	Cooked vegetable (Daycare)	Cooked vegetable (Daycare)
		Cooked vegetable (Daycare)			
Morning at 9,30	Seasonal fruit	Seasonal fruit	Seasonal fruit	Seasonal fruit	Seasonal fruit
Afternoon at 15,00	tea with cookies	yogurt	Fruit juice and crackers	bread with jam	Tea and toasted bread Fruit (Daycare)